



Brindishe Lee Newsletter

Friday 3rd December 2021

Headteacher: Ms Maxine Sebire

Brindishe
Lee

Dear families, governors, staff and friends,

This week at Brindishe Lee children across the school from Reception to Year 6 have been showing their teachers what they have learnt so far this term. The children in Year 2 have been extra busy demonstrating how they can use their phonics to read real and alien words (Phonics Screening Check).

In addition to this, all the children have been busy rehearsing their special song, which they will perform for you in our virtual festive concert. I am sure you are all very excited and can't wait to view the virtual show during the last week of term.

Listed below is our school newsletter outlining key information as well as an array of posters providing information about the December Activity Camps, Christmas lunch menu as well as Covid procedures. If you have any questions/queries, please email or call the school office.

Finally, thank you everyone for really making a conscious effort to follow the covid protocol to ensure we continue to offer our children, staff, parents/carers and the community a secure and safe school environment. Thank you for your ongoing support.

Have a lovely weekend! Stay safe and well everyone.

Kind regards,

Ms Sebire & the Brindishe Lee Team.

Christmas Festivities at Brindishe Lee School – Update

We would like to mark the festive period with some special festivities. Please see listed below what we have planned over the next few weeks:

- **Christmas Show** - We will follow a similar format to last year's virtual show. The performance will be filmed next week in classes and will then be edited ready for sharing with parents/carers on Itslearning during the final week of term. Your child's class teacher will inform you which day they are filming so the children can wear a festive outfit that day. If any parent/carer would like to opt out of their child being filmed, please email info@brindishelee.lewisham.sch.uk by Monday 6th December.
- **Festive Menu** – Our festive school lunch will take place on Tuesday 14th December. Please refer to the attachment with regards to the festive menu.
- **Christmas Jumper Day** – On Tuesday 14th December is our Christmas Jumper Day. Please can the children come dressed in their most festive tops. There is no need to buy one especially for the day, instead try to decorate and upcycle an old jumper. Consider sustainability and being eco-friendly with your creations. We will be asking for a £1 donation in aid of Save the Children.
- **Christmas Fair** – Our Christmas Fair will take place outside on Friday 10th December. Please come and support this great event. For further information, please refer to the F@B poster.
- **Elves Workshop** – This present wrapping event will take place in the final week during the day. Each class will be allocated a time slot to select a gift for their family member/s and have them festively wrapped. **The F@B team are asking for donations of any nearly new or new gift sets, toys, toiletries etc. for this fun and festive event. Donations can be left in the school office. F@B will send further information out this week regarding this festive event.**
- **Christmas Tree Collection** – F@B have organised a christmas tree collection on Saturday 4th December, please refer to the F@B poster for further information.
- **Christmas Tree Donation** – F@B have kindly donated two Christmas trees for the children, staff and community of Brindishe Lee.
- **Raffle Tickets** – You will receive raffle tickets in your child's book bag this afternoon. F@B have been in contact with parents/carers. Any questions, please speak to the class representatives.

Winter Weather – Coats and Hands - Reminder

As many of you have noticed, the weather has really changed this week and it has certainly got much colder. Please can we remind you to make sure that your child brings a warm coat to school, and perhaps a hat, scarf and gloves for the end of the day and lunchtime. Please make sure these are clearly labelled with your child's name. Also, we are still making sure that the children sanitise and wash their hands several times a day in school as part of keeping everyone safe and well. As the weather has turned colder, please can we suggest that you moisturise your child's hands before they come to school and when they get home as well. This will help to prevent them getting dry and sore. Thank you for your support with this matter.



Online Safety Message

parentzone LOCAL

Lewisham | Southwark | Croydon | Lambeth

This week we would like to introduce you to Parentzone Local, a support service for families in the Boroughs of Lewisham, Lambeth, Southwark and Croydon. Parentzone offers advice about everything related to digital family life. You can access Parentzone Local here: <https://www.pzlocal.org.uk/>

Nut Products

We would like to politely remind all parents that **nut products** should not be brought into school as we have children in school with allergies. We would also like to take this time to remind parents that we are a 'Healthy School' and to encourage this amongst our children, we would ask that sweets should not be brought into the school grounds to be shared, e.g. for celebrations/birthdays etc. Many thanks for your continued support with this matter to ensure everyone is kept safe and well.

Mental Health and Wellbeing – Good Sleep

Good sleep is fundamental to good mental health; just as good mental health is vital to good sleep. A good night's sleep is about getting to sleep, staying asleep and getting enough good quality, deep sleep.

The Anna Freud society has lots of lots of really useful information, resources and guidance around sleep on their website - <https://mentallyhealthyschools.org.uk/risks-and-protective-factors/lifestyle-factors/sleep/>



Public Health
England

Further to advice from Public Health and due to the rising number of cases within the school and the community, it is recommended that children with **ANY new symptoms** are recommended to take a **PCR test**. A new variant of COVID is presenting with symptoms such as headaches, stomach upsets, dizziness and any flu/cold-like symptoms.

PCR tests are booked online with the NHS by following this link: <https://www.gov.uk/get-coronavirus-test>.

There is also useful information about testing including PCRs and lateral flow tests.

Important Dates

- F@B Christmas Tree Delivery – Saturday 4th December
- Christmas Fayre – Friday 10th December (More information to follow)
- Christmas Jumper Day & Christmas Lunch Day – Tuesday 14th December * *note change of date*
- Winter Break - Monday 20th December 2021 – Monday 3rd January 2022
- INSET Day - Tuesday 4th January 2022

DECEMBER ACTIVITY CAMPS

Join the Sportacus team for three days of festive fun this
December

As always, we will be offering our 3 popular camp options of:

Multisports (Both locations)

Football (Darrick Wood only)

Dance (Both Locations)

PRICES

3 day booking

£57.50

Individual day booking

£28.50

Use "SIBLING 10" for 10% off any
3 day booking of 2+ places



LOCATIONS

DARRICK WOOD JR SCHOOL, LOVIBONDS AVE, ORPINGTON, KENT BR6 8ER

BRINDISHE GREEN SCHOOL, BEACON ROAD, LONDON SE12 8NA

OPEN 9:30-3:30 EVERY DAY FOR BOYS AND GIRLS AGES 4-12

CHILDCARE VOUCHERS NOW ACCEPTED - GET IN TOUCH FOR MORE DETAILS

WWW.SPORTACUS.CO.UK

07828 218 690

HARRY@SPORTACUS.CO.UK



COVID UPDATES - PLEASE READ THIS INFORMATION

Please see below a copy of the decision chart to support you in knowing what to do if your child or another member of your household is exposed to Covid-19.

What do I do if.....	What ACTION is needed?	When can I RETURN to school?
My child is ill with symptoms not linked to Covid-19: Sore throat, runny nose, headache, tummy ache, chicken pox, tonsillitis, sickness, diarrhoea	Follow the usual School Absence Policy	When the child is feeling better or 48 hours if the illness is sickness/diarrhoea
My child has one or more of the 3 main Covid-symptoms: <ul style="list-style-type: none"> HIGH TEMPERATURE – this means feeling hot to the touch on the chest or back A NEW CONTINUOUS COUGH – this means coughing for more than an hour, or having 3 or more episodes in 24 hours A LOSS OR CHANGE TO SENSE OF SMELL OR TASTE – this means being unable to taste or smell as usual 	<p><u>DO NOT COME TO SCHOOL</u></p> <p>Contact school to inform us</p> <p>Obtain a PCR test</p> <p>Self-isolate until results are known</p> <p>Siblings who have no symptoms should continue to attend school</p> <p>Positive lateral flow - Obtain a PCR test</p>	On receipt of a negative test result and when your child is well enough to attend
My child tests positive for Covid-19	<p><u>DO NOT COME TO SCHOOL</u></p> <p>Contact the school to inform us, stating the earliest possible date of return</p> <p>Engage fully with NHS Test and Trace</p> <p>Engage with remote learning if your child is well enough to do so</p>	<p>After the applicable isolation period and when your child is well enough to attend</p> <p>Children can return after 10 days' even if the cough and loss of taste/smell remains. This can last for weeks</p>
My child tests negative for Covid-19	Contact school to inform us	...same day/next day and when they are well enough to return
Someone in my house is ill with Covid-19 symptoms	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone in my house tests positive for Covid-19	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-</p>	

	<p>isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
NHS Test & Trace has identified my child as being in close contact of someone with symptoms confirmed as Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone other than NHS Test and Trace has informed me that I am a close contact of someone who has tested positive for Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
We/my child has travelled and needs to self-isolate as a period of quarantine	<p>Do not take unauthorised leave in term-time</p> <p>Consider quarantine requirements and FCO advice when booking travel</p> <p>Return from a destination when quarantine is needed</p> <p>Agree an earliest possible date for return</p>	...the quarantine period has been completed