



Brindishe
Manor

Newsletter

Friday 9th January 2026



Happy New Year and Welcome Back!

Happy New Year to all our children, families and staff and welcome to the Spring term. What a freezing cold start to the term it has been! Please continue to take care on the paths outside school as there are more cold temperatures due.

The children have all come back refreshed and ready. On Tuesday the children took part in an assembly about the term ahead and we shared information about some of the children's teams we are introducing. Yesterday the children were introduced to our new food waste bins for our morning snack waste, which are starting on Monday.

Our New Lunchtime Experience - Nourish

This week we welcomed our new catering company, who started by serving Caribbean chicken, beef stew and salmon bites, along with a wonderful chickpea curry and a veggie pastry as some of the vegetarian options. Lots of our staff have been in the Lunch Hall this week and the children's feedback has been really positive.

"This is the best lunch I've ever had."

"The curry is really really tasty."

"The new food has been great this week."

If your child usually has a packed lunch but you would like them to give lunches a go, now is the time! Children can have school lunch, for free (under the Mayor of London's free school lunch strategy). I have attached the menu for your ease and please remember that children can currently pick the days they want to have lunch.



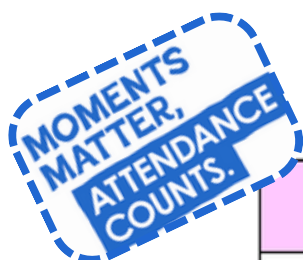
NOVEMBER TO MARCH 2026 NOURISH WHAT'S ON THE MENU?					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9 Rainbow Pasta 1 Seasonal Vegetables Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Pie 1 Mushroom & Lentil Stew VG Pesto & Pea Pasta 1,7 V Crushed Potato Cauliflower, Carrots Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Turkey & Gravy Broccoli Tots 1,7 V Arrabbiata Pasta Shells 1 VG Rustic Roast Potatoes or Jollof Rice Cabbage, Peas Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Bolognese Pasta Bake 1,7 Loaded Bean Chili Wedges VG Jackets with a Choice of Toppings 7,8,9 Green Beans Grated Carrots Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 Vegetable Sausage VG Cheese & Tomato Pasta 1,7 V Chips, Sweetcorn, Baked Beans Cucumber Sticks Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG
WEEK TWO	Cheese & Broccoli Pasta Bake 1,7 V Buffalo Cauliflower Wings & Wedges VG Jackets with a Choice of Toppings 7,8,9 Seasonal Vegetables Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Caribbean Brown Chicken Chick Pea Sambalaya VG Tomato Spaghetti 1 VG Rice, Carrots, Peas Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Ratatouille Puff 1,9 VG Cheesy Pasta Twists 1,7 V Rustic Roast Potatoes or Jollof Rice Broccoli, Carrots Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Stew & Dumpling 1 Falafel Burger & Wedges 1,5 VG Jackets with a Choice of Toppings 7,8,9 Cauliflower, Green Beans Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Salmon Bites 1,8 Margherita Pizza 1,3,7 V Herby Tomato Pasta Twists 1 V Chips, Peas, Coleslaw 9 Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG
WEEK THREE	Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9 Rice, Green Beans, Mixed Salad Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Pesto & Pea Penne 1,7 V Sweetcorn, Peppers Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Savoury Mince Beef & Yorkshire Pudding 1,7,9 Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Cottage Pie Butternut Squash Risotto 7 V Herby Tomato Pasta 1 VG Seasonal Vegetables Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Baked Beans, Grated Carrot Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG
AVAILABLE DAILY	1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupines 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.				

Contact details Arbor

Could we please ask all our families to check their personal details on Arbor, including phone numbers and emergency contact details. It is essential that we have a few emergency contacts that we can call should we need to.

If you are moving house or relocating, we need to know as soon as possible so we can make sure that we have your new address and the child/ren's new school name.

If you attend breakfast or after school club, please let Claire Dawson, our Tea Club manager know so that your place and payments can be addressed accordingly.



Overall school attendance this week:	96.1%	
Top 5 classes with attendance over 95%:	Kusama 99% Turing 99% Curie 98% Goldsworthy 97% Escher 97%	
A huge well done to Kusama and Turing 99% attendance this week		
Top classes with all children in on time	Adeola, Pankhurst, Thunberg Huge well done to them all 😊	

Early Reading and Writing Workshop

Our early reading and writing workshop is on **Thursday 15th January** at 8:45am. We would like to invite parents and carers of children in Nursery and Reception. Parents and Carers in year 1 have had a similar session, but if you would like to attend again, please just let Lisa know, so we have enough chairs!



Our English and EYFS lead will be able to talk to you about how to support your child with phonics and reading and how to build confidence in writing.

They will have some examples of activities and learning for you to see and give some ideas for how you can support at home. There will be time for you to ask questions.



World In Our School Day

On 29th January the PSFA will be supporting us in celebrating a day of learning about the world around us. We have invited the Lewisham Migration Museum to come and hold workshops with the children and have planned our **World Food Night between 5-6:30pm.**

Children may choose to **wear clothes or colours from the country they or their family** are from. Families may attend the food night between **5-6:30pm** (please note all children need to be accompanied by an adult). Please bring a dish! See poster

Key dates for the Spring Term

Monday 12th January
Thursday 15th January
Friday 6th February
Monday 9th February
Monday 9th February
16th - 20th February
Tuesday 24th February
Tuesday 24th February
Thursday 5th March
11th - 13th March
Monday 16th March

Nursery Open Day
Early reading & writing workshop
Number Day
DT week
Mental Health week
HALF TERM WEEK NO SCHOOL
Open classroom at 3:30pm
Open Day for perspective Nursery children 4pm
World Book Day
Year 4 residential to Juniper Hall
Neurodiversity week





The World In Our School

**Thursday 29th January,
5pm to 6.30pm.**

Let's celebrate the world in our
school!



Why not come along and meet other
families, enjoy some food and see
some objects from around the world.

Why not bring along a *dish to share
or some cultural objects or clothing
for us to learn about.

*No nuts and please clearly list all
ingredients included.



**Brindishe Manor PSFA
Charity number 1117178**

Coffee And Catch-Up

Friday 16th Jan, 8.45 to 9.30am.

Everyone is welcome to come along for a chat, it's an opportunity to meet other parents and carers.

*Taking place in the training room after the morning drop-off. Cups will be available but you can help us to reduce waste by bringing your own coffee cup.

***Don't forget to sign in at the school office.**



brindishemanorpsfa@gmail.com
Reg Charity number 1117178

