

BRINDISHE MANOR YR5 AND 6

WINTER 2023

WEEK 1

04/09/23, 25/09/23,
16/10/23, 13/11/23,
04/12/23

Option 1

Option 2 V Vegetarian

Option 3

Vegetables

Dessert

WEEK 2

11/09/23, 02/10/23,
30/10/23, 20/11/23,
11/12/23

Option 1

Option 2 V Vegetarian

Option 3

Vegetables

Dessert

WEEK 3

18/09/23, 09/10/23,
06/11/23, 27/11/23,
18/12/23

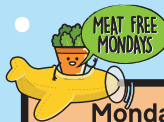
Option 1

Option 2 V Vegetarian

Option 3

Vegetables

Dessert



Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Cheese Whirl with New Potatoes	Chinese Chicken with Rice	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fish Fingers with Chips and Tomato Ketchup
Vegetable Frittata with New Potatoes V	Sweet Chilli Vegetable Stir Fry (Ve) V	Roast Quorn with Roast Potatoes and Gravy V	Vegetable Lasagne with Garlic Bread V	Vegetable Fingers with Chips and Tomato Ketchup (Ve) V
Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings
Carrots Green Beans	Sweetcorn Cabbage	Roasted Root Vegetables Peas	Carrots Sweetcorn	Baked Beans Garden Peas
Flapjack (Ve)	Iced Carrot Cake	Fruit Salad (Ve)	Pancake with Warm Apple and Berry Sauce	Ice Cream
Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Cheese and Tomato Pizza with Potato Wedges	Beef Tortilla Stack with New Potatoes	Chicken Sausages with Mashed Potato and Gravy	Greek Chicken Pitta	Breaded Fish with Chips and Tomato Ketchup
Vegetable Risotto (Ve) V	Vegetarian Cottage Pie V	Vegetarian Sausages (Ve) with Mashed Potato and Gravy V	Falafel Pitta V	Quorn Dippers with Chips and Tomato Ketchup (Ve) V
Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings
Broccoli Sweetcorn	Peas Carrots	Medley of Vegetables	Carrots Sweetcorn	Baked Beans Garden Peas
Vanilla Shortbread and Raisins (Ve)	Vanilla Sponge (Ve) with Custard	Fruit Salad (Ve)	Chocolate Brownie with Chocolate Custard	Orange Jelly (Ve)
Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Vegetarian Sausage Roll with New Potatoes(Ve)	Hot Chicken Bap with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Beef Pasta Bolognaise	Fish Fingers with Chips and Tomato Ketchup
Vegetable Curry with Rice (Ve) V	Veggie Burger with Potato Wedges (Ve) V	Cheese Pasty with Roast Potatoes V	Vegetarian Pasta Bolognaise (Ve) V	Vegetable Nuggets with Chips and Tomato Ketchup (Ve) V
Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings	Baguette with a choice of Fillings
Carrots Green Beans	Sweetcorn Cauliflower	Carrots Peas	Broccoli Sweetcorn	Baked Beans Garden Peas
Jam and Coconut Sponge with Custard	Rice Krispie Cake (Ve)	Fruit Salad (Ve)	Apple Crumble (Ve) with Custard	Chocolate Pinwheel Cookie

