

BRINDISHE MANOR

SPRING 2024

WEEK 1

08/01/24, 29/01/24,
26/02/24, 18/03/24



	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Option 1	Cheese and Tomato Pizza with Potato Wedges	Chicken Burger with Coleslaw	Roast Chicken with Roast Potatoes and Gravy	Beef Chilli Con Carne with Tortilla and Rice	Fish Fingers with Chips and Tomato Ketchup
Option 2 v Vegetarian	Jambalaya (Ve)	Vegetable Burger (Ve) with Coleslaw	Roasted Vegetable Slice with Roast Potatoes	Tandoori Quorn with Tortilla and Rice	Vegetable Nuggets with Chips and Tomato Ketchup (Ve)
Option 3	Tomato and Spinach Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Red Pepper Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Tomato and Mascarpone Pasta
Vegetables	Sweetcorn Carrots	Carrots Peas	Broccoli Sweetcorn	Carrots Green Beans	Baked Beans Garden Peas
Dessert	Chocolate Flapjack (Ve)	Orange Drizzle Cake or Shortbread (Ve)	Fruit Salad (Ve)	Banoffee Cake or Shortbread (Ve)	Stewed Apples with Ice Cream

WEEK 2

15/01/24, 05/02/24,
04/03/24, 25/03/24

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Option 1	Vegetarian Meatball Sub topped with Cheese	Beef Bolognaise with Pasta	Chicken Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy	Butter Chicken with Rice	Breaded Fish with Chips and Tomato Ketchup
Option 2 v Vegetarian	Crunchy topped Vegetable Bake with New Potatoes (Ve)	Vegetarian Bolognaise with Pasta (Ve)	Vegetarian Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy	Chilli Bean Loaded Wedges (Ve)	Vegetable Fingers with Chips and Tomato Ketchup (Ve)
Option 3	Tomato and Basil Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Spicy Tomato Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Cheesy Tomato Pasta
Vegetables	Peas Sweetcorn	Carrots Green Beans	Cauliflower Sweetcorn	Green Beans Carrots	Baked Beans Garden Peas
Dessert	Chocolate Cornflake Cake	Banana Marble Cake (Ve) or Shortbread (Ve)	Fruit Salad (Ve)	Apple Sponge with Custard or Shortbread (Ve)	Anzac Biscuit (Ve)

WEEK 3

22/01/24, 19/02/24,
11/03/24

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Option 1	Cheese and Tomato Pizza with Potato Wedges	Cajun Chicken with Rice	Roast Turkey with Roast Potatoes and Gravy	Cheesy Topped Beef Pasta Bake	Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup
Option 2 v Vegetarian	Onion Bhajis with Sweet Chilli Sauce and Rice (Ve)	Vegetable and Lentil Curry with Rice (Ve)	Roast Quorn with Roast Potatoes and Gravy	Macaroni Cheese	Vegetarian Sausage with Chips and Tomato Ketchup (Ve)
Option 3	Pesto Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Tomato and Basil Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Cheesy Tomato Pasta
Vegetables	Carrots Green Beans	Peas Sweetcorn	Green Beans Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Cherry Shortcake	Chocolate Brownie	Fruit Salad	Peach Cobbler with Custard or Shortbread (Ve)	Jelly (Ve)



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY
 WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

