

BRINDISHE MANOR

SPRING 2024

WEEK 1

08/01/24, 29/01/24,
26/02/24, 18/03/24



Option 1

Cheese and Tomato Pizza with Potato Wedges

Tuesday.

Chicken Burger with Coleslaw

Wednesday.

Roast Chicken with Roast Potatoes and Gravy

Thursday.

Beef Chilli Con Carne with Tortilla and Rice

Friday.

Fish Fingers with Chips and Tomato Ketchup

Option 2 v Vegetarian

Jambalaya (Ve)

Vegetable Burger (Ve) with Coleslaw

Roasted Vegetable Slice with Roast Potatoes

Tandoori Quorn with Tortilla and Rice

Vegetable Nuggets with Chips and Tomato Ketchup (Ve)

Option 3

Baguettes with a choice of Fillings

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Vegetables

Sweetcorn Carrots

Carrots Peas

Broccoli Sweetcorn

Carrots Green Beans

Baked Beans Garden Peas

Dessert

Chocolate Flapjack (Ve)

Orange Drizzle Cake or Shortbread (Ve)

Fruit Salad (Ve)

Banoffee Cake or Shortbread (Ve)

Stewed Apples with Ice Cream

WEEK 2

15/01/24, 05/02/24,
04/03/24, 25/03/24

Option 1

Vegetarian Meatball Sub topped with Cheese

Tuesday.

Beef Bolognese with Pasta

Wednesday.

Chicken Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy

Thursday.

Butter Chicken with Rice

Friday.

Breaded Fish with Chips and Tomato Ketchup

Option 2 v Vegetarian

Crunchy topped Vegetable Bake with New Potatoes (Ve)

Vegetarian Bolognese with Pasta (Ve)

Vegetarian Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy

Chilli Bean Loaded Wedges (Ve)

Vegetable Fingers with Chips and Tomato Ketchup (Ve)

Option 3

Baguettes with a choice of Fillings

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Baguettes with a choice of Fillings

Baguettes with a choice of Fillings

Vegetables

Peas Sweetcorn

Carrots Green Beans

Cauliflower Sweetcorn

Green Beans Carrots

Baked Beans Garden Peas

Dessert

Chocolate Cornflake Cake

Banana Marble Cake (Ve) or Shortbread (Ve)

Fruit Salad (Ve)

Apple Sponge with Custard or Shortbread (Ve)

Anzac Biscuit (Ve)

WEEK 3

22/01/24, 19/02/24,
11/03/24

Option 1

Cheese and Tomato Pizza with Potato Wedges

Tuesday.

Cajun Chicken with Rice

Wednesday.

Roast Turkey with Roast Potatoes and Gravy

Thursday.

Cheesy Topped Beef Pasta Bake

Friday.

Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup

Option 2 v Vegetarian

Onion Bhajis with Sweet Chilli Sauce and Rice (Ve)

Vegetable and Lentil Curry with Rice (Ve)

Roast Quorn with Roast Potatoes and Gravy

Macaroni Cheese

Vegetarian Sausage with Chips and Tomato Ketchup (Ve)

Option 3

Baguettes with a choice of Fillings

Baguettes with a choice of Fillings

Baguettes with a choice of Fillings

Baguettes with a choice of Fillings

Baguettes with a choice of Fillings

Vegetables

Carrots Green Beans

Peas Sweetcorn

Green Beans Carrots

Sweetcorn Broccoli

Baked Beans Garden Peas

Dessert

Cherry Shortcake

Chocolate Brownie

Fruit Salad

Peach Cobbler with Custard or Shortbread (Ve)

Jelly (Ve)



SUGAR SHERIFF



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY
WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

