



Brindishe
Manor

Newsletter



Friday 10th May 2024

What has been happening this week?

Year 4 have continue to enjoy their swimming this week and have had glorious weather for their walk to and from Glassmill Leisure centre. Thank you to the parents/carers who have been able to offer their time to accompany them on the walk. Year 4 have also started Ukulele lessons today! This was very short notice as Lewisham Music service have been trying to find us a teacher that could come at the time we needed them to. The children had a great first lesson and are looking forward to next week.

Reception and Year 1 had a visit from some animal/insect handlers. The children were able to handle a variety of insects and also learnt about different kinds of spiders and how we look after them in their natural habitat. The children asked some great questions and listened so carefully to the information that was shared.

Next week...

Year 6 have their statutory tests in Grammar, spelling, reading and maths between Monday - Thursday. We are very proud of their hard work and know that next week will be very successful! We are looking forward to welcoming them for a light breakfast on Monday from 8:30am.

Planting around school

You will have noticed that our grass space has been cut and the flowers and plants that we have recently had planted around the front of the school are really coming into bloom and thriving now that the sunshine has appeared.

The Rights Respecting team will be out to water the plants over the coming weeks and make sure that they are looked after.

Should you ever wish to donate a plant/ hanging basket of flowers, climber or house plant that we can have in and around our school, we would be thrilled to accept. It is also a great way for children to learn how to look after and care for the environment. Just email Lisa in our school office.

Attendance and punctuality this week

Overall school attendance this week:	95%	
Top 5 classes with attendance over 95%:	Attenborough	100%
	Kusama	98%
	Adeola	97%
	Jeffers	97%
	Pankhurst	97%
A huge well done to Attenborough 100% attendance this week		
Top classes with all children in on time	Adeola, Rashford, Curie Huge well done to them all 🎉	

Sumdog update



From 1st May you will need to install the latest version of Sumdog in order to access the platform. Older versions will no longer work.

This includes any iOS mobile phones or tablets, Android devices or Chromebooks.



SCHOOL DISCOS

For years 1 to 6.

Wednesday 12th and Thursday 13th June,
3.15 to 4pm and 4.30 to 5.15pm.

Tickets are £3 and you can buy them at the school office or use the QR code below.

Children may want to bring a healthy snack to have at the event (no nuts).

We need volunteers to run these, so please contact the PSFA if you can help at any of these sessions. brindishemanorpsfa@gmail.com



PSFA



Brindishe
Manor

Party kits for hire

Do you spend money on single use plates, cups and other items for children's parties, only to throw them away at the end of the event? Now you can hire plates, cups, bowls and other party items for your child's special day.

In an effort to make our school and community a little greener, we're looking at how we can all reduce the single use items we use. It also raises money for our school!

You can hire a kit with up to 30 settings, the cost is £5, plus a £10 refundable deposit. Book using the link or QR code:

<https://calendly.com/brindishemanorpsfa/partykithire>



brindishemanorpsfa@gmail.com - Charity number 1117178

Creative Chameleons
ARTS & CRAFTS

HANGING PLANT HAVEN

POP-UP WORKSHOP

AFTER SCHOOL CLUB at
BRINDISHE MANOR

Sustainable inspired activity Connect with nature

Design and craft your own mini oasis Unique creativity of every young artist

FRIDAY 24TH MAY
3.15-5.30PM
£19

www.creativechameleons.co.uk



Brindishe Federation Newsletter

Friday 10th May 2024



Good Luck Year 6

As you are aware the 2024 Year 6 Key Stage Two tests will commence on **Monday 13th May**. Since September, the children and staff in Year 6 have worked extremely hard in preparation for these tests and the time is fast approaching for them to show us how much they have learnt, achieved and the superb progress they have all made. We would also like to remind you to avoid booking any appointments for next week and please inform the school office straight away if your child is ill.

We would like to wish all the Year 6 children in Brindishe Schools the best of luck for next week. We know the children will do their very best and their best will be good enough.

Weekly Online Safety Bulletin

Being unkind online

It can be very easy online for children to behave in a way that they wouldn't if they were face to face with each other.

Talk to your child about how they speak to others online and encourage them to talk to people online with respect and kindness, like they would if they were face-to-face. How they act online should be how they behave on the school playground when they are following school rules. Here are some examples of what being unkind looks like online:

- Sending nasty or hurtful messages
- Leaving unkind comments
- Sharing photographs of somebody else without their permission
- Excluding somebody on purpose
- Impersonating somebody with a fake account
- Telling/sharing lies

The above might happen whilst your child is gaming online or whilst using social media or messaging apps e.g. WhatsApp.

Top Internet Manners

Internet Matters have produced a list of 'manners' that we all should follow to create a safer and kinder online world:

<https://www.internetmatters.org/resources/top-internet-manners/>

What should I do if my child is being bullied online?

Ensure that your child understands that if they receive unkind messages or see something that worries them, they should not reply or engage in conversation with the perpetrator. Instead, they should tell a trusted adult. You can use the tools within an app to report any offensive or hurtful content as well as block people so they cannot contact you again in the future.

Further information

<https://www.esafety.gov.au/kids/i-want-help-with/how-do-i-know-if-im-being-mean-online>

Right Respecting Article Of The Week

Mental Health Awareness Week

Mental Health Awareness Week occurs every year in May and is an ideal time for us all to think about mental health, tackle stigma, and discuss how we can create school environments that protect our mental wellbeing. The week is based around a different theme each year, and previous themes have included nature, kindness, and body image. It is hoped that as many people as possible will have conversations about mental health and the everyday things that can affect it.

Our mental health clearly links to Article 24 of the CRC but, if you think about it, many of the other rights that children and young people are entitled to, also contribute to good mental health.

What do you need for positive mental health?

- Understanding the different types of emotions you have.
- Knowing that it is usual and ok to have times when you might feel sad or worried
- Learning different ways to look after your mental health
- Having a trusted adult to speak with about your feelings.
- Making sure you exercise regularly.
- Making sure you have a healthy diet.
- Spending relaxation and fun time with friends and or family.
- Taking part in hobbies or activities that you enjoy.
- Being involved in activities to help others.
- Limiting screen time or access to other online platforms.
- Health care – being able to see a doctor, nurse or counsellor if you need to.
- Being able to enjoy all your rights.



At Brindishe Schools, we talk about our mental health and well-being all the time. Children are confident to describe their feelings and let us, as their trusted adults, know when they feel sad or worried. 'Ruby's Worry' by Tom Percival is one text identified in our curriculum and that teachers use to support children with recognising their own feelings and emotions and how we can all look after our mental health and each others. Share this story with your child at home and discuss what makes you feel happy and positive. How do you get rid of your worries?



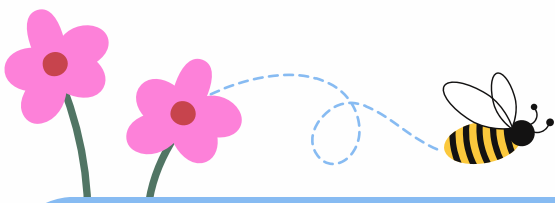
Click on the image to hear Justin Fletcher read 'Ruby's Worry'.

Governing Body

If you would like to attend a Brindishe Federation Governing Body meeting, please email our Chair of Governors, Liz Murphy - lmurphy@brindisheschools.org. Our fifth meeting of this academic year is on **Wednesday 22nd May at 6pm** at Brindishe Lee School.

Key Federation Dates

- Year 6 SATS week - **Monday 13th May to Thursday 16th May**
- May Half Term - **Monday 27th May to Friday 31st May**
- INSET Day - schools closed to all children - **Monday 1st July** -
- End of Term - **Thursday 25th July 2024**



Update: including match funding, **Raise Your Pulse** raised a staggering **£5,317** for the school. As we edge into summer we have loads still to come. We can only make these events happen with volunteers, please look below with how you can get involved. You can email the PSFA at [**brindishemanorpsfa@gmail.com**](mailto:brindishemanorpsfa@gmail.com)

The Brindishe craft event

Thank you to Creative Chameleons for a fantastic craft event, last week. It was a huge success and **we raised £471** for our school. A big thank you to all the parents who volunteered their time. There were some wonderful creations made by the children and lots of fun was had. www.creativechameleons.co.uk



School discos - 12th & 13th June.

School discos for years 1 to 6 will be held on Wednesday 12th and Thursday 13th June, 3.15 to 4pm and 4.30 to 5.15pm. **We need volunteers** to run these, so please contact the PSFA if you can help at any of these sessions. Tickets will be £3 and you can buy them at the school office or here. <https://www.ticketsource.co.uk/brindishe-manor-psfa>



Summer fair - Sunday 14th July.

Brindishe Manor's summer fair is taking place on Sunday 14th July, 12pm to 3pm. There will be games, food, crafts and so much more. **We need your help!** We can't run the fair without your help. If you can volunteer on a stall or help to set-up or clear, contact the PSFA with what you can do. Pop the date in your diaries and watch this space for more info.

